

Write your vision

"It's X years from now and I am..."

- How is your business going; size, numbers, revenue, profit, awards, employee, culture, suppliers, clients, etc.
- Where you are living; your house, your home, what it looks like, what suburbs, etc.
- Your partner; what kind of relationship, what does he look like, how does he behave, how does he make you feel, what activities do you do together, etc.
- Your kids; how old are they, what are they up to, what do you like doing with them, etc.
- Holidays; where are you going, how often, for how long, how many times a year, who with, etc.
- What kind of person are you? How are you feeling physically? mentally? spiritually?
- Do you have a pet? What is it? What is his name?
- Hobby; what are you doing, when, how often, etc.
- What do your weeks, weekends, evenings look like?
- What does your diet look like?